The 3 Elements of Music

Rhythm
  Beat
  Rhythm

Melody
do, re, mi, fa, so, la, ti,
do

Accompaniment
  Drone
  Ostinato
  Color
  Movement

Activities to teach rhythm:

Fee Fie Fo Fum
Fee fie fo fum
Here’s my finger here’s my thumb
Fee Fie Fo Fum
No more finger no more thumb.

Finger play.

Cinderella Dressed in Yella
Cinderella dressed in yellow
Went downtown to kiss a fellow
By mistake she kissed a snake
How many doctors did it take
12345678

1. Hand clapping game
The King's March
The King goes marching forward with his hundred thousand men
The King goes marching forward with his hundred thousand men.
The King goes marching forward with his hundred thousand men.
His hundred thousand men.

Oh Rosalina, Oh Rosalina, Oh Rosalina
With his hundred thousand men.

*From the CD Shenango's Greatest Hits Volume 1*

I saw Esau
I saw Esau
Sitting on a see saw
I saw Esau
He saw me.

1. Learn the poem
2. Perform up and down see saw movements

Engine Engine

Engine engine and number nine,
Going down Chicago line
If the train falls off the track
Will I get my money back?

N O spells no Y E S spells yes.

1. Passing game
2. Person holding the bean bag at the end, says the B secti

Flutter Flutter Butterfly
Flutter flutter butterfly
flutter high up in the sky
flutter flutter very fast
wave goodbye when you go past
bye bye butterfly bye bye butterfly
Clapping pattern:
Cross arms across chest
Slap knees
Clap own
Clap partner right
Clap own
Clap partner left
Clap own
Clap both

Advanced hand clapping game

Polar Bear
The secret of the polar bear is that it wears long underwear

1. Explore these patterns using body percussion:
   XXXX
   OOOO
   XXOO
   XOXO

2. Creativity and cooperation game.
3. For older preschool children. Think 5 or six year olds

Tah and ti-ti
Fundamentals of rhythmic notation.

Notes:
Finger-plays:
   Benefits of Finger Play

   Two Little Blackbirds
   Two little blackbirds sitting on a hill
   One named Jack
   One named Jill
   Fly away Jack
   Fly away Jill
   Come back Jack
   Come back Jill

1. Finger-play
2. Dramatically pretend to be flying
3. Look intently in the direction of the bird flying away
4. Look happily as it returns.

   Here’s a cup
   Here’s a cup and here’s a pot of tea
   Pour a cup, pour a cup,
   Have a drink with me

1. Finger-play. Rhythm game
2. Make cups with left hand
3. Thumb up, right hand, for a pot of tea
4. Pour and drink from the cup
5. Try clapping the poem
6. Try clapping part of the poem

   In the cup
   In the cup in the cup apple juice apple juice
   Drink it up!!

   Peanut
   A peanut sat on the railroad track
   His heart was all a flutter
   The nine sixteen came down the track
   Oh oh peanut butter.

1. Finger-play Hold thumb up as the peanut.
2. Pound chest on line two
3. Dramatically enact the story
   Smash the peanut

Here is a Bunny
   Here is a bunny with ears so funny
   And here is a hole in the ground
   When a noise that he hears he perks up his ears
   And jumps in the hole in the ground.

1. Finger-play. Two fingers up for the bunny
2. Opposite hand forms the hole
3. Perk up ears on “noise that he hears”
4. Jump into hole

The pirate Ship
   When I was one, I sucked my thumb

   And then went to sea...
   I climbed aboard a pirate ship and the captain said to me
   Let’s go this way.... that way
   Backwards and forwards and over the Irish Sea.

   When I was two, I lost my shoe...
   When I was three, I scraped my knee...
   When I was four, I bumped my head into the door...
   When I was five, I put my finger in a hive....
   When I was six, I got really sick
   When I was seven, I got a baby brother named Kevin.
Activities to teach Melody

Vocal ease:
I will never never be, a bug or a bumble bee
Or a creature in the sea. I will always always be me.

Yah.. yah.. yah.. yah… Yah yah yah yah yah yah yah yah yah

This is My Little House
This is my little house. Here is the door.
The windows are shining and so is the floor
Outside there is a chimney tall as can be
With smoke that goes curling up, come and see.

1. Singing game. Silence game
2. Sing song and learn the dramatic movements
3. Sing the song without the words, in silence with movements
4. Hear the song played on the recorder and perform the movements while the recorder “sings it.”

100 Day of school
See sheet music
Do, mi, so
So fa mi re do

Shake the Papaya down
See sheet music
Syncopated rhythms

Song Guessing Game:
Play songs on recorder or guitar to focus attention on the melody
The Lollipop Tree
One fine day in early spring I played a funny trick
In the yard beside my house I planted a lollipop stick
And every day I watered it well and oh so carefully
I hope one day that it will grow and be a lollipop tree.

Chorus
Ha ha ha ho ho ho what a place to be
Under a lollipop lollipop lollipop
Lolli lolli lolli pop tree!

The one day I woke to find a very lovely sight
A lollipop tree it grew in my yard sometime in the middle of the night
I sat beneath my wonderful tree and looked up with a grin
And when I opened up my mouth the lollipops fell right in.

Chorus
Winter came and the days grew cold like winters always do
And on my tree my lollipop tree not one little lollipop grew
Icicles hung from the branched grey and bare as bones
But when I broke those icicles off
They turned into ice cream cones,

Chorus

Pitter Patter
Pitter patter pitter patter
Pitter patter pitter patter
Hear the raindrops fall
Falling all around
How many raindrops make a storm
One little raindrop (no no no)
Two little raindrops (no no no)....
Five little raindrops (no no no)
Millions of raindrops make a storm
Billions of raindrops make a storm
Pitter patter pitter patter.

1. Call and response game. Dm chord on guitar
2. Students respond on the no no no
3. Students make the sound of the rainstorm with hands patting the floor
Charlie over the Water
See sheet music
Game to allow each child a chance to sing.

Movement games:

Down down baby
Down down baby down by the roller coaster
Sweet sweet mamma I'll never let you go
Shimmy shimmy cocoa pop shimmy shimmy pow!

Grandma grandma sick in bed
Called to the doctor and the doctor said
“Let's get the rhythm of the feet” Stomp stomp
“Let's get the rhythm of the hands” Clap clap
“Let's get the motion of the head” Ding dong
Put it all together and what do you get
Stomp stomp clap clap ding dong
Dot it all backwards and what do you get
Ding dong clap clap stomp stomp

Swing Me Over the Water
Swing me over the water
Swing me over the sea
Swing me over the garden gate (and)
Swing me home for tea

1. Partner game
2. Swing arms back and forth
3. Do a two handed barrel turn on line three.
Wind the Bobbin
Wind the bobbin and unwind the bobbin
Pull, Pull clap clap, clap.
Wind the bobbin and unwind the bobbin
Pull, Pull clap clap, clap.

Stitch it up and stitch it down
Make the finest shoes in town
Stitch it up and stitch it down
Make the finest shoes in town

1. This song has an A section and the B section.
3. With a partner roll your hands forward, and roll your hands backwards
4. Pantomime pulling then clap your partner’s hands
5. In the B Section circle around with the partner either by swinging or holding hands

Going to Kentucky
Oh I’m going to Kentucky I’m going to the fair
To see a signorita with flowers in her hair.
Shake it baby shake it, shake it if you can
Shake it like a milkshake and drink it if you can
Oh, rumble to the bottom
Rumble to the top
And turn around and turn around and now it’s time to stop.

Students perform a series of movements that are indicated by the text of this piece.

Come and Dance
Come and dance turn lightly turn lightly
Around the campfire burning so brightly
The snow falls fast and cold is the weather
Come dance come dance we’ll all sing together
Tra la la la tra la la la
Tra la la la la la la la
Tra la la la tra la la la
Tra la la la la la la la

1. Formation of four students in a square.
2. A section move opposites toward each other
3. B section turn in a circle
Say Hello and Howdy Do
See sheet music.

What teachers need to know about movement education:

My body moves in space in time alone and with others

Movement with a Purpose
Great book full of ideas

Jack Capon perceptual motor movement
Using props

Folk Dances
New England Dance Masters
Shenanigans Greatest hits Volume 1

Classic Movement games

Mirroring
Sculpting
Machine making
Positive and negative space

Extras

Jingle at the Window
Soliis’ dance
Great Big House in New Orleans
One green Jelly Bean
Galway Piper
The Rabbit Game
Shoo Fly
100th Day of School

by Donna Dirksing

Let's celebrate, it's the hundredth day of school.
Go check the date, it's the hundredth day of school.
One hundred days spent with our class,
One hundred days went very fast,
Reading, writing, spelling, math,
We always have a blast!

Let's celebrate, it's the hundredth day of school.
Go check the date, it's the hundredth day of school.
Let's celebrate, it's the hundredth day of school!
YEAH!

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SHAKE THE PAPAYA DOWN

Calypso Song
Collected by W. S. Haynie

Play patterns of short and long sounds.

Ma-ma says no play; This is a work-day.

Up with the bright sun; Get all the work done.

If you will help me, Climb up the tall tree,

Shake the papaya down.
Hello, And How Are You?

Say hello and howdy do.  
Z  Say hello and how are you?  
Say hello and get down and get down

FORMATION: Each person spaced freely in the room.

① = a creative hello to someone in the room.

Z = an unusual howdy-do to someone in the room.

② = join hands with a partner, and "shimmy down" towards the ground

SECTION: Move freely into space, using the following pattern:

clap:

stamp:
Charlie Over the Ocean

Traditional

Call | Response
---|---
Charlie over the ocean. | Charlie over the ocean.
Charlie over the sea. | Charlie over the sea.
Charlie caught a black bird. | Charlie caught a black bird.
Can't catch me. | Can't catch me.

1. Sing the song phrase by phrase. After each phrase is sung, echo the phrase on the recorder or piano. Ask the students to describe what is happening. Identify the “call” and “response.”
2. Sing the song as written and have the students provide the response. Invite individual students to perform the call and supply simple motions to accompany the text.
3. Teach and play the following game: Students stand in a circle with one student (the caller) on the outside. As the caller leads the song, she or he walks around the circle, tapping each student on the shoulder. At the end of the song, the caller takes the hand of the last person tapped. The pair skips around the outside of the circle while the class keeps the beat and you play the melody on the piano or another instrument. When they get back to the empty spot, the current caller joins the circle and the game continues with the last person who was tapped as the new caller.
VERSE

F

Tan - cuj, tan - cuj, vy - krú - caj, vy - krú - caj,
Come and dance, turn light - ly, turn light - ly

C7

Len mi pie - cků ne - zrů - caj, ne - zrů - caj,
round the camp - fire burn - ing so bright - ly. The

F

Dobrý pie - cko no zimu, no zimu,
snow falls fast and cold is the weath - er. Come

C7

Ked' ne - máme pe - ri - nu, pe - ri - nu,
dance, come dance, we' ll all turn to - geth - er.

REFRAIN

F

Tra la la la, Tra la la la,

C7

Tra la la la, Tra la la la la,

F

Tra la la la, Tra la la la la,

C7

Tra la la la, Tra la la la la,

F

Tra la la la, Tra la la la la,

C7

Tra la la la, Tra la la la,

F

Tra la la la, Tra la la,

C7

Tra la la, Tra la,

F

Tra la, Tra
JINGLE AT THE WINDOW
SINGING GAME

Gaily
Pass one window, tideo, Pass two windows,
tideo, Pass three windows, tideo,
Jingle at the windows, tideo. Tideo,
tideo, Jingle at the windows, tideo,
Soili's Dance

Thomas Lubrano